



VALIANT ACT OF HEROISM

Last week in Bremerton, I had been driving down the street from Skookum’s Corporate Office on Auto Center Way when I saw a pile of cars in the road in front of me. There was approximately 35 people standing on the side of the road in surprise and shock, I thought to myself it had to be an accident...

I began to drive slower and slower until I noticed a white Skookum truck pulled over to the side of the road. I then looked to my left and saw a vehicle flipped upside down in the ravine, so I pulled over right away. I ran down to get closer to the accident and then saw the man wearing a Skookum jacket HELPING the injured women who was upside down in the vehicle. As I stood there watching in Horror trying to get closer thru the crowd of people I noticed The Skookum employee was **Donnie Wynn**.

I was able to help the women up the hill to safety while Donnie climbed over the SUV to get to the man that was driving. Donnie was talking to him and trying to help get him out of the vehicle but the man was unable to move. Donnie assured him that help was on the way. I am happy to say that after that horrific accident that the couple were treated and released with minor injuries.

Thank you Donnie, you acted bravely, caring and heroic. I’m glad you were there to help!

It was later determined that the man driving the vehicle had unfortunately suffered a stroke and lost control of it, careening through a parking lot and launching over the road and ended upside down in the revine.

Inside this Issue	
Page 2	Birthdays
Page 3	Excellence Awards
Page 4	Recognition/Food Drive
Page 5	Awards/Safety Zone
Page 7	Bangor Galley Alley
Page 8	Health & Wellness
Page 9	Excellence Award Page

When asked about his heroic deed, Donnie responded very modestly, “I just did what anyone else would’ve done.” Ironically, Donnie, another young man and Angie were the only three people to help the two in the flipped vehicle.

By: **Angie Correa**
 Office Manager/Facilities Security Officer
 Interview comments by: **Jennifer Keil**
 Marketing Specialist/Skoop Editor



The SKOOKUM Skoop
 4525 Auto Center Way
 Bremerton, WA 98312
 1-888-343-0220
<http://www.skookum.org>
 Marie Campanoli and
 Jennifer Keil, Editors
 360-475-0756
jkeil@skookum.org



NEW BABY!

Division 40 would like to congratulate **Robert** and **Chere Reinke** on the birth of their new son Robert "Robbie".

-Eva Wilson
 Facilities Maintenance Manager

Happy Birthday!

January Birthdays

- 1st-Gilray Rodgers
- 2nd-Glenn Calnan
- 2nd-Carlos Ortiz-Feliciano
- 2nd-Michael Prindiville
- 3rd-Beth Dunklin
- 3rd-David Grunert
- 3rd-Shawn Poirier
- 3rd-Malissa Rich
- 5th-Monroe Jones
- 5th-Joseph Quinones
- 5th-Shawn Rohring
- 5th-Anna Shaw
- 7th-Lisa Falcone
- 8th-Barbara Pusateri
- 9th-Nathan Priddis
- 10th-Sтивен Harvey
- 10th-Marcus Kouth
- 11th-Senteil Andrews
- 11th-John Iafrati
- 11th-Anthony Murphy
- 13th-Neil Colomac
- 13th-Christy Linkemyer
- 14th-Mitchell Dowdy
- 14th-Ramon Paulino
- 16th-Timothy Kittelberger
- 20th-Irvin Abrames
- 20th-Twyla Johnson
- 20th-Zachary Slotnick
- 21st-Brunilda Gomez
- 21st-Fred Misner
- 22nd-Jonathon Heck
- 23rd-John Gunter
- 24th-Linda Braley
- 24th-William Rathbun
- 25th-Leamon Woodley

January Birthdays

- 26th-Gonzala Eibert
- 27th-Michael Antus
- 27th-Glenn Bond
- 27th-Kenneth Davis
- 27th-Michael Morris
- 28th-Michael Crowley
- 28th-Mathew Hair
- 28th-Richard Hathaway
- 31st-Abigaille Cochran
- 31st-Randol Haskins
- 31st-Derek Koch
- 31st-Shelly Lewis
- 31st-Alejandro Samonte
- 31st-Bryan Sullivan



February Birthdays

- 1st-Isolde Harlee
- 1st-Robert Reiman
- 1st-Steve Spurling
- 2nd-Christopher Hoptowit
- 2nd-Robert Moebius
- 3rd-James DeQuis

February Birthdays

- 3rd-Ronnie Fester
- 3rd-Tammy Neal
- 3rd-Ryan Smith
- 3rd-Michele Thesenga
- 4th-Frederick Myers
- 4th-Stephen Ortiz
- 5th-Phillip Paugh
- 6th-Elson Daidad
- 6th-Timothy Ford
- 8th-Julianne Hamilton
- 8th-Kelly Krahn
- 9th-Vielka Stufflebeam
- 11th-Jeff Dolven
- 11th-Mary Kendall
- 14th-Bob Ratliff
- 15th-Michelle McElroy
- 15th-Courtney Miles
- 15th-Wendell Stevens
- 17th-Ellen Reichart
- 17th-Webster Rhodes
- 18th-Sarah Davies
- 19th-Marty Sutherland
- 19th-Brian Williams
- 20th-Michael Noehl
- 20th-Robert Reinke
- 21st-Elvira Marts
- 22nd-Andrea Cunningham
- 23rd-Kris Aalmo
- 23rd-Robert Haynes
- 23rd-Hamilton Higgins
- 23rd-Matthew Johnson
- 23rd-Richard Kennedy
- 25th-Timothy Wolff
- 27th-Anita Forsman
- 28th-Thomas Koch



President's Weekly Excellence Awards

Each Recipient Receives \$100 and a Skookum Excellence Pin

Neil Colomac

Data Analyst - Fleet

Nominated by: Bob Ratliff

I would like to nominate an employee who I feel exceeds all of Skookum's Core values. Neil Colomac is exceptionally **committed** and dedicated to his job. An example of this is when the day ends, he won't go home, even though I'm constantly reminding him it is after 3:30 and your shift has ended and it is time to go home! All I hear is, "I just want to finish this up so it will be ready in the morning, Bob". What he achieves and accomplishes for Skookum and our customer/**partner** goes above and beyond. His job involves the preparation of numerous reports, slides and glide paths which showcases his outstanding **integrity** and attention to detail in these areas. Other job duties include compilation of Payroll for Fleet on a weekly basis. He makes sure that all the hours worked are balanced and input correctly, any discrepancies are brought to my attention so they can be corrected, thus getting them boxed up for UPS. The level of **quality** at which he does his work, does not go unnoticed, neither does his attitude. He is always smiling, joking and has a great sense of humor. He exhibits an absolutely cheerful, optimistic, positive, upbeat attitude that is admired by his peers at Fleet. He is very **diverse** in everything he does, he is very thorough and accurate which is a huge success considering how many tasks he is assigned and also he is very flexible and adapts to the ever changing environment at Fleet which is no small feat. Neil is truly an asset to Skookum and it has been a pleasure working with him. Neil demonstrates all the Skookum Core Values and sincerely deserves to receive the President Excellence Award.

SUPER

Remy De Leon

Bremerton Naval Hospital Housekeeping

Nominated by: Karen Clements

I would like to say thank you to Remy for the superb job that she does each and every day. Not only as a fill in lead on day shift but other assignments she is given as well. Her commitment of taking part in our team work efforts and her demonstration in quality service is to be commended. I hear many positive comments due to her extraordinary efforts and dedication.

Thank you for making our company and our department look so great and keep up the good work!

Kassidy Pentland

CIF

Nominated by: Robert Leonard

On behalf of CIF we would like to recognize Kassidy for immense contributions to her immediate section as well as the clerical section. Her extensive knowledge and experience in both areas were extremely helpful in dealing with the high volume of customers that were changing duty stations or getting out altogether. Over the past few months CIF has had over 20,000 issue/turn-in transactions and most days were left with limited manpower. On numerous occasions she was required to bounce back and forth between sections whenever she was needed due to her flexibility and knowledge. Kassidy always presents a positive and cheerful attitude while accomplishing the task at hand with few discrepancies. Kassidy was referenced on several customer comment cards as being incredibly helpful and courteous. Not like the typical CIF employees that they have experienced in the past. Kassidy is a great example of what Skookum's core values are all about.

STARS

Maria Chavez

Jefferson Healthcare Clinic Housekeeping

Nominated by: Alysa Russell

I received a phone call in early spring of 2009 asking if Skookum would be interested in bidding on the Janitorial Services work for Jefferson Healthcare Clinics in Port Townsend, we bid and won the contract with one stipulation; we consider hiring Maria Chavez who was the former contract holder. We interviewed Maria and her partner and they were Skookum Employees the next day! The decision to work for Skookum was easy for Maria, for the first time she would be eligible for healthcare benefits and vacation and she already knew the job inside and out. Since that day in 2009, Maria has not had an unexcused absence or a negative attitude toward her job or co-workers. She shows up ready to work hard every day and takes pride in the service she provides. Not once have we received any complaints about the quality of Maria's performance, she helps bind the trust and confidence in retaining contracts for existing and future business in Port Townsend. Maria is willing to train new employees even though she knows there is going to be a language barrier - her patience and sense of humor help to make it all work. I strongly recommend Maria Chavez for a Presidents Weekly Excellence Award!

HELEN MILLER GETS RECOGNIZED

Skookum's Helen Miller recognized for achieving CEH at NHB

by Douglas H Stutz, NHB PAO



Skookum employee and Naval Hospital Bremerton Housekeeping staff member **Helen Miller** was recognized at NHB on Jan 7 for recently completing the extensive educational requirements to become a Certified Executive Housekeeper, in accordance with the accredited International Executive Housekeepers Association.

“We’re honored to acknowledge Helen’s achievement and have her as part of our team,” said Captain Mark E. Brouker, NHB Commanding Officer. “Helen is one of our 30 staff members on our hard working Housekeeping team, all of whom are a huge part of our success in taking care of our patients. Our boss, Rear Admiral

C. Forrest Faison III, Commander Navy Medicine West and Naval Medical Center San Diego, was here for a visit this week and was very nicely surprised and very impressed by the overall appearance, which is a direct testament to our Housekeeping staff.”

“I am proud, happy and embarrassed to be recognized,” said Miller, who has worked at NHB for approximately 18 months. “I thank Skookum for the opportunity to take the course. I wanted to learn more and better myself. The course was very informative and has helped me a lot to become a better service provider.”

“Investing in our people is a strong principle with us,” stated Jeff Dolven, Skookum Chief Operating Officer. “We encourage upward mobility. Helen is a great example of a new generation of leadership ready to continue to help our team.”

Miller noted that her acquired knowledge from the intensive six-month course included such practical learning topics as infection control, logistical planning and route management that she will put into practical use on the job.

“Gaining this knowledge and now being able to use it is what we’re all about,” Miller said. “And if I can do it, anyone can do it.”

“We are all very proud and happy for Helen. She had taken it upon herself to put in a lot of extra time and it has now paid off,” said Karen Clements, NHB’s certified executive housekeeper manager.



FACILITIES MAINTENANCE FOOD DRIVES

Congratulations to the Bangor Crew for their great work on winning the Food Drive this year! They won the victory with 3,611 pounds of food which was donated to the Central Kitsap Food Bank. Yeah!!

But let’s not leave out the Bremerton Crew who donated 1,436 pounds to the Bremerton Food Bank. Good work everyone! A good number of people will be benefitting this year because of your giving.

-Irene C. Bush
Day Shift Supervisor Bangor/ Keyport

HOSPITAL HOUSEKEEPING AWARDS

Perfect Attendance for the 1st Quarter at the Bremerton Naval Hospital.

Carmelita Britton

Remy De Leon

Abraham Goldberg

Marylou Louser

Helen Miller

Kathrena Newman

Chres Pelias

Michael Potts

Nathan Priddis

Each one receives a \$25 bonus! Thank you for your dedication and commitment.

Congratulations to **Glenn Bond**, janitor in crew 41 at the Naval Hospital Bremerton. Glenn was nominated by his peers to serve as their crew Safety Representative. Glenn is committed to comply with our company's safety program and strive to maintain an accident free environment. We also congratulate Glenn for offering his time to be part of our ISO Auditing Team. Thank you for your interest in serving our company.

-Karen Clements

Executive Housekeeper CEH

SAFETY ZONE

When does a Worker have the Right to ask “**is this safe**”? The short answer is, you always have the right.

Simple answer: anytime you are uncomfortable with a task that has been asked of you, the conditions have changed from the last time you performed that similar task, another person is in your work area that is not suppose to be there, or if equipment is damaged prior to or during work, then you have the right to ask your supervisor if it is safe to continue working.

As employees, we are all here to get the job done and at the end of the day it's time to go home to our families and rest. We want you leave our place of work in as good of condition as you arrived. Yes, we need to complete our tasks as quickly and professionally as possible but do it safely. Safety as a priority without short cuts is the way we do business at Skookum.

Communication between yourself and your Supervisor is a great start. Pointing out problems between co-workers, and having conversations on the solutions is great. Keeping passion to complete the assignment yet slowing down enough to know what is safe is good safety practices.

To create our “Culture of Safety” we need to talk to one another. As we spend time watching out for each other our language of Safety will become stronger, easier and better to understand. So speak up! If there are any, communicate the hazards in your area to those who may not be aware of them (especially to the quality and safety staff). We need you to tell us about the problems so we can correct them. We have to work together as a team in order to be safe.

As always, if there is a topic that has been missing, please let us know. Chances are, if someone writes it down then dozens have been thinking about it. Let's work together so we can be safe both at work and at home.

Thank you,
Skookum Health and Safety

QUALITY CORNER

I would like to thank all of the employees from Naval Hospital Bremerton, Naval Base Keyport and Naval Base Bangor for striving to perform their job to the highest possible standards of quality and customer satisfaction. These employees not only make it much easier for me to perform my duties, but they also demonstrate to our customers that Skookum provides excellent quality service every time. Skookum is absolutely committed to quality and it shows with every job we perform. We take pride in our work. We pay attention to the smallest and largest details with an emphasis on high quality and consistency. You can rest assured the job will be done right. Thank you to all the employees, management, staff and Navy customers that make this a great place to work. You do an outstanding job every day!

-Connie Barre
Quality Control Inspector

BANGOR GALLEY ALLEY

I would like to congratulate the following well deserving employees of Division 44 on their third quarter of perfect Attendance!

Adonis Britton
Conchita Jordan
Christina Petty
Kaitlynne Rossi

Josefina Rule
Kyenen Shepard
Steven Silkett
Corrie Wetzel

David Siliven
Evangeline Swenson
Salvacion Wright
Cora Gagnon

Each one will receive a \$75 bonus! Congratulations!

Perfect Attendance takes a great deal of commitment, I thank each and every one of these individuals for their commitment to their positions and to Skookum.

-Heather Larson
Food Service Manager

SKOOKUM'S BOARD AWARD



In December, **Heather Larson** was surprised with winning the Skookum Board Award. The reasons: Heather flawlessly executed the opening of SKOOKUM's food service contract at Bangor in April. Not only that, but she and her team scored a 98% during the Commander, Naval Installations Command Food Service Inspection which contributed to Naval Base Kitsap receiving its ninth consecutive "five star" accreditation for food service excellence. She also spearheaded the implementation of the Navy's first "zero waste" galley. Her involvement has played an integral part in saving thousands in scarce government dollars. She has expertly managed the food service contract and ensured all (including Navy) were in compliance with the contract. Heather has remarkably managed three food service facilities

consisting of over 20 personnel. Her management of the food service operations and leadership has been a major part in the many successes at Naval Base Kitsap.

Way to go Heather and Congratulations! :)

HEALTH & WELLNESS SPOTLIGHT

By, Stacie Kane-Benefits Manager

Five Minutes for Health

There are many things you can do to help yourself stay safe and healthy that don't take much time or effort. Take steps each day to protect yourself and your family in five minutes or less.

Being healthy and safe takes commitment, but it doesn't have to be time-consuming, painful, or boring. Most things are so simple and take so little time, that you'll wonder why you've been avoiding them. You can get big rewards just by taking small steps to prevent illness and injury.

You won't necessarily see the rewards, such as the extra pounds that you didn't gain, the high blood pressure you didn't get, or the emergency room visit you avoided. That's a good thing!

Find out what you can do in five minutes or less to make a difference to your health and safety, and take action! Some things even take less than one minute. Here is a sample of things you can do to help protect yourself and your family:

- Wash hands (20 seconds)
- Buckle up (4 seconds)
- Test smoke alarms (10 seconds per alarm)
- Eat healthy (2 minutes to make a salad)
- Take the stairs (2 minutes to walk two flights)
- Make an appointment (2 minutes)

Also, find out what things may take more than five minutes but are worth the time, including being active and planting your own vegetables. Take a few minutes to help make yourself and your family safer and healthier.

Want to learn more ways to improve your work and life balance? Check out our Employee Assistance Program (EAP) at www.fchn.com/eap. There is a wealth of information available for all Skookum employees and their immediate family members!

Skookum Medical Plan News

New Disease Management Program – Help to Manage Chronic Health Conditions

If you are enrolled in Skookum's medical plan, administered by First Choice Health, you may recently have information about disease management from UMR. UMR partners with First Choice Health to bring us extended benefits. Please take a moment to review this important information. This is a new benefit of our medical plan, offers one on one coaching to assist those with chronic health conditions, and is completely confidential. If you did receive this information or receive it in the future, please make sure to review the announcement and follow-up survey. It's your health and you are important!

